



PRIMEAU NEWS!

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School Learning Team

Principal – Mrs. Charlene Kushniruk

Vice-Principal – Mr. Lorne Pedersen

School Counselor – Mr. David Szykowski, Alison Lessard

Message from Administration

We began honouring the season of Lent with our annual Shrove Tuesday Pancake breakfast on Tuesday, February 25 with pancakes made by our staff for all students. Thank you to Father Trini for celebrating Ash Wednesday with your school and his message about...



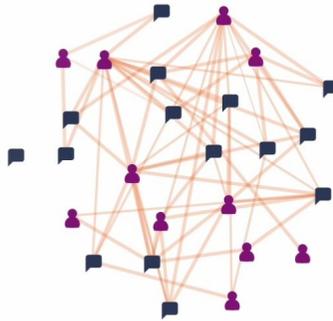
The Lenten season, which begins on Ash Wednesday, is a time of reflection and preparation prior to the celebration of Easter. By observing the 40 days of Lent, Christians fast from food and festivities to replicate Jesus Christ's sacrifice and His withdrawal into the desert for 40 days

Our Lenten journey will focus on the Road to Emmaus (Luke 24) in which Jesus' disciples reflect on His messages after He breaks bread with them on the road. This passage offers all of us the gift of daily reflection about how we share our time and talents with others in our world. We will challenge our students to think about following in the footsteps of Jesus throughout our Lenten journey.

Report Cards

Parents can expect their child's report card on Thursday, April 2nd, 2020.

Thought Exchange 2020 - Provide Your Input Online



Today!

We invite you to share your feedback on two important questions this year that will help shape district priorities going forward. Your feedback will help us understand what our schools are doing well and gather suggestions to improve student learning including how our schools can support students in being a witness and model to Jesus Christ.

Families with students attending our schools will receive an invite to the process or you are welcome to [access the exchange through this link](#). Community members are also welcome to participate.

[Share your thoughts online today!](#) We look forward to sharing the results with you later this spring.

Registration for 2020-2021

Online registration will open on Mon, Mar 30th, 2020.

Spring Break

Our Spring Break begins on Friday, March 20th (No School- day in lieu for parent/teacher interviews). Classes will resume on Monday, March 30th, 2020.

March 2020

School Council Meeting

Tues, Mar 3rd @ 6:30 PM

No School

Fri, Mar 13th

Fri, Mar 20th

Mar 23-27th (Spring Break)

Paint Night

Mon, Mar 16th

School Musical

Mar 17th and 18th

WE Lead Lunches

Thurs, Mar 19th (Hot Dog)

Ski Trip

Mon, Mar 2- Forms Available for ski trip that will take place Fri, Apr 3rd

GSACRD VOICE

GSACRD Voice, the Mental Health Capacity Building Initiative based in Morinville and Legal schools, is interested in running a girls group called GLOW at Georges H. Primeau starting in March. GLOW stands for Girls Leading Others Wisely. The GLOW Girls program provides girls in grade 5, 6, and 7 the opportunity to learn about leadership, female empowerment, fitness and so much more! This program will run after school from 3:00pm to 4:30pm one day a week for 8 weeks. If you are the parent/guardian of a girl in grade 5, 6, or 7, and are interested in having her participate in this awesome opportunity, please go to the link below and answer a few questions that will help us get GLOW started. GSACRD Voice thanks you in advance for your input!

Google Form Link:

<https://forms.gle/kU49KKeon84rNR5P9>

If you have any questions, please feel free to contact Wellness Coach Brittany Kindzierski at bkindzierski@gsacrd.ab.ca, or Program Manager Lauren Chow at lchow@gsacrd.ab.ca

WE Lead

Spring break is around the corner which means...Break A Rule Week at GHP! From March 16-19, students are invited to purchase a Break A Rule Card (\$5.00) which allows them to break the rule of the day:

Monday Sucks-Kapow pops are sold and allowed to be consumed in class all day. Each Break a Rule Card comes with one Kapow Pop. Others are available for \$1.00 each.

Tidbit Tuesday-a variety of beverages and snacks will be for sale throughout the day that can be consumed in class. Prices will vary from \$0.50 to \$1.00. (think cookies, Timbits, etc.)

Wifi Wednesday-students allowed on devices (including Chromebooks) at lunch in designated classrooms.

Take Comfort Thursday- hoods and PJs allowed to be worn all day.

All funds raised will go to support our school Lenten project for Mercy Counselling (a part of **Catholic Social Services**). Cards

can be paid for online or cash at the office until March 12.

Jessie's House (The Jessica Martel Foundation) will be receiving the Art supplies we purchased for them later this month. We are thrilled to have raised \$1000.00 for this worthy cause.

We are planning a Water Walk for the month of May to raise awareness and funds for clean water initiatives. We'll keep you posted!

Thanks for all of the support you have given our projects to date. Your support motivates the group to keep making positive social change!



March 20

World Down Syndrome Day

WEAR BRIGHT & MISMATCHED SOCKS

March is Nutrition Month!

Dietitians are encouraging Canadians to consider not only *what* they eat, but *how* they eat too. This year's Nutrition Month theme is "[More than Food: How you eat is important too!](#)"

More than Food is all about practicing the Healthy Eating Habits from the new Canada's Food Guide at Canada.ca/foodguide:

Be mindful of your eating habits

- Take time to eat
- Notice when you are hungry and when you are full

Cook more often

- Plan what you eat
- Involve others in planning and preparing meals

Enjoy your food

- Culture and food traditions can be a part of healthy eating

Eat meals with others

Please [click here](#) to view the full monthly schedule for tips and tricks each week to help you with your nutrition goals!

School Musical- March 17, 18

"This is a story of true love and acceptance between sisters, *Frozen JR.* expands upon the emotional relationship and journey between Princesses Anna and Elsa. When faced with danger, the two discover their hidden potential and the powerful bond of sisterhood. With a cast of beloved characters and loaded with magic, adventure, and plenty of humor, *Frozen JR.* is sure to thaw even the coldest heart!" Come see Frozen Jr. on **March 17 and 18th** at the MCCC. Doors open at 6pm, show starts at 6:30. Tickets available at GHP, Sobey's and at the door.

Pi Day

π Day is Saturday, March 14. But, this is not preventing us from celebrating this irrational number in our school....

As in previous years, we will be celebrating **π Day** with a **PIE THROW** on **Thursday, March 12.** Students will be paying \$2.00/pie. Proceeds will be going to charity.

All students are also invited to participate in the recitation of the digits of π contest. Last year, two grade 7 students memorized 222 digits.

Money will go towards our school Lenten project for Mercy Counselling.

Mercy counselling is a psychological counselling and assessment service for the greater Edmonton area and Wetaskiwin.

We provide psychological counselling and assessment services- including mental health and wellness- to children, youth, adults, couples, and families. We also provide training

for graduate students learning to become clinical counsellors.

[For more information, please click here](#)



Yearbook

Order your yearbook now for only \$40.00 and treasure your memories forever!

Please return the below order form and payment to the office no later than May 1.

[Yearbook Order Form](#)

Valentine's Day Box Social - Update

Thank you to all staff and students who participated in our Box Social. Through our efforts, \$1400.00 was raised in support of the Stollery Children's Hospital. Way to show our Primeau Pride!

March Paint Night

The next paint night will be on Monday, March 16th. Registration is on a first serve basis and will only accept the first 20 participants. The cost will be \$5.00 each and students will sign up with Mrs.Cochlin. The event will run from 3:00- 5:00 PM.

Soccer Camps

Please see the attached flyer for registration dates and times for the 2020 Royal City Soccer Club outdoor camps.

[Soccer 2020 Flyer](#)

Daylight Savings

Begins Sunday, March 8, 2020. (Turn your clock forward one hour before you go to bed)



Ski Club

GHP will be hosting 1 final ski trip in Jasper. The forms will go out on Monday, March 2nd and the trip will be to Marmot Basin on April 3rd. We are only able to take a certain amount of students for each trip and it is on a first come-first serve basis. Please [click here](#) for further details.

WHAT'S NEW? Updated Family Contact Information

We would like to remind parents to call us with any changes to contact information, work phone numbers, cell phones, E-mail, custody arrangements, etc. Keeping this information current assists us greatly in reaching parents in a timely manner in the event of illness, injury or emergency situations.

Moving Away/Changing Schools

École Georges H. Primeau Middle School has started to make plans for the next school year. It is vital that we know as soon as possible, if any families are leaving our school in June. We ask that you please inform the office, in writing (email), with the necessary information. Your help in keeping us informed is very much appreciated.

Parents in Grade 5-8 - Accountability Pillar Survey

Thank you to all of the parents that have already responded to the Alberta Education Accountability Survey. We will share our Accountability Pillar survey results on April 7, 2020 @ our School Council meeting @ 6:30pm.

School Council

The next meeting will be on Tuesday, March 3rd at 6:30 PM at the school.

SAFETY REMINDERS FOR PARENTS

CHOOSE SAFETY OVER

CONVENIENCE Our drop off and pick up procedures continue to be monitored. Thank you for keeping our students safe.



School Cash Online

You may pay by e check, credit card, or deposit money to your e wallet. Go to the following website for instructions.

Parents please register! Here's how:

- Step 1:** Go to this website: <https://gsacrd.schoolcashonline.com>
- Step 2:** Register by selecting the "Get Started Now" and follow the steps
- Step 3:** After you receive the confirmation email, please select the 'click here' option, sign in and add each of your children to your household account.

Not only is this a **Convenient/Safe/ Secure** way to pay fees.

You will also receive Email Notifications letting you know that there are items to be purchased.

To verify that you have accepted email notifications, select the "My Account" tab, click on the "Manage Email Notifications" option. Click on the option to activate the email notification, and then select the **CHANGE** button to save your information.

Notification Only:

To receive NOTIFICATIONS and REMINDERS of a new item you **MUST** select the box by the following:

If you are already registered and are NOT receiving the emails, you simply need to go into "My Account" and click on 'Change Email Notifications' and select the box.

If you choose not to pay on line
Please **Register** to receive Notifications and Reminders

MILITARY FAMILY SUPPORTS

Reminder that the Edmonton Garrison Military Family Resource Center family support team is here for you to offer a listening ear during times of stress. During office hours you can drop in or call 780-973-4011 extension 6300 and ask for the intake worker. After-hours families can connect with the family information line at 1 800-866-4546.

SCHOOL PROCEDURES FOR ALL PARENTS

Parents are a vital and welcome partner in our school community. We ask that you assist us in maintaining a safe school upon your arrival

Security and Visitors

Visitors are always welcome to École Georges H. Primeau Middle School, but **MUST** report to the office to receive permission to be on the school property. All parents and visitors are required to sign in upon arrival and sign out when leaving. Such procedures minimize disruptions and ensure a degree of safety for our children. Parents picking up their children from school are asked to report to the office, and their child will be called to the office at this time.

Parents/visitors that have not signed in at the office, will be redirected back to the main office to ensure the safety and security protocols have taken place. Persons who are unlawfully on the premises may be charged with trespassing under the Alberta School Act.

With the exception of the main entrance, all outside doors leading into the building will be locked for most of the day to ensure maximum amount of security for your children. The boot room entrances will be opened for students in the morning and during the noon hour so that students have access to the building during inclement weather.

Consulting With Your Child's Teacher

The staff of École Georges H. Primeau Middle School encourage regular communication between home and school. It is important to student progress and supportive relationships. We encourage communication whenever concerns, questions or bouquets should be shared. Conferences with the teachers and administrators are welcomed at all times. We ask that you contact the teacher involved prior to visiting the school so that they can prepare a complete report. Teachers can be contacted through email or calling our main office

Please keep the school informed of anything that may affect your child's education! If there are changes in circumstances that may affect your child's day at school, communication to the homeroom teacher will assist us in supporting them.

Our teachers often use their morning time prior to student's arrival to further plan and organize materials for the school day. Teachers also consult with one another and are assigned to school supervision in the morning.

Thank you for helping us by following our safety and security procedures during all times of the day. We welcome and appreciate feedback. Please contact Ms. Kushniruk if you have suggestions to further enhance the safety at our school.

Volunteering at Our School

We love to have our parents come and support us at the school. If you are planning to supervise for any extracurricular activities (field trips, sports, etc.) please request a volunteer application form from our main office.

Parental Feedback

If you have any feedback, suggestions or comments which you would like to give, please use this sheet and return it to the school office. All parental feedback will be given to our school administration. Please email the school directly or contact the main office at 780-939-3593 to speak to administration.

Ms.Charlene Kushniruk (Principal) [EMAIL](#)
Mr.Lorne Pedersen (Vice-Principal) [EMAIL](#)